

Roxanne's Workshop

- 3-4 pieces of 140 lb. Cold Press Watercolor paper, approximately 7"x 8" (Please add gesso to your pages in an uneven, sloppy way!)
- Scraps of fabric and paper, some neutral
- White Gesso (any brands, I use Liquitex or Golden)
- Matte Medium (any brands, I use Liquitex or Golden)
- White acrylic paint
- Assorted colors of acrylic paints, small tubes or bottles are fine
- Favorite mark makers, pens or pencils
- Glue stick
- Straight edge for tearing paper
- Paint brushes
- Awl
- Scissors
- Wire, 26 gauge (a natural color if possible)
- Needle, (I like the sharp tapestry needles with the wide eyes)
- Embroidery thread (your favorite colors) or other threads
- Water dish, rag or paper towels
- Piece of wood or paintbrush for binding the book together

Beatriz's Workshop

I used these materials, however, you can use whatever you have on hand to substitute what you don't have.

- Sewing needles for binding and stitching
- Threads for sewing or embroidery
- Threads of any color (dark and light for contrast)
- Scissors for cutting fabric and paper
- Gel medium
- Glue stick – Elmer's or your preference
- Fabric scraps for pages at least 4"x 6" or larger and a thicker piece for the cover like upholstery fabric
- Some sheer fabrics
- Water container
- 2 -3 acrylic paints (light and dark for contrast)
- 2-3 small/medium flat paint brushes (for spreading gel medium or paint)
- Clear gesso
- White gesso
- Black gesso
- Chalk Pastels: Black + any color (white or black charcoal pencils are ok)
- White gel pen – I use a Uniball Signo UM-153
- Fine point black Sharpie
- #2 or softer pencil
- Wax paper
- Alcohol inks
- Stapler (optional)
- Expired credit or giftcard for scraping paint
- Seam ripper
- Stencil(s)
- Bookbinding thread
- Small cutting Matt to protect your table
- 12" ruler
- Small piece of sandpaper

Here are some suggestions to use in your journal: images from magazines or photographs, labels, junk mail, vintage book pages, ecodyed or tea dyed papers or fabrics, blank little scraps of paper, teabags, sketchbook drawings, doodles, old art work, tissue paper, sewing patterns, old letters, cool stuff you've found at flea markets, anything goes for embellishment.

Lisa's Workshop

- 11 x 15 in. 140 lb. Cold Press Watercolor paper, 6 sheets for 6 signatures (Final journal size will be 7 1/2 x 8 in.)
- Scoring Tool (butter knife, bone scorer, Kemper Double Ball Stylus Embossing Tools)
- Opaque Watercolor paints (pan set or tube)
- Acrylic paints (Variety of colors)
- Gesso (white)
- Matte Medium
- Crafter's Pick The Ultimate OR Yes! Paste or Aleene's Tacky Glue
- Cheesecloth
- Muslin Fabric or Cotton Quilting Fabric (roughly 1/4 yard)
- Colored pencils (optional)
- White Gelly roll pen OR Uniball Signo UM-153
- Ultra fine Sharpie (black) OR Pigma Micron
- Black Tea or Instant Coffee (optional)
- Paint brushes (variety of sizes & styles, nothing fancy)
- Cup for water for brushes
- Butcher tray OR plastic plates for mixing acrylic paints
- Hairdryer
- Spray bottle for water (fine mist)
- Variety of Handmade Papers (ie. Washi, Mulberry, Bark, or Mango Leaf, etc.) OR Mulberry Paper Scrap Pack By Black Ink Papers
- Xacto-knife, paper trimmer, or scissors
- Ruler/Straight Edge
- Painters Tape
- Putty Spreader or Squeegee (for burnishing down collage materials)

For bonus video tutorial:

- tissue paper OR Sewing pattern tissue
- embroidery thread OR craft cord
- saran wrap, plastic wrap OR silicone mat